

# TO GET INVOLVED IN YOUR AREA:

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## OUR MISSION

The Texas Advocates is recognized as the leader in self-advocacy in Texas. The Texas Advocates will fight to stop unfair treatment and advocate for more and better services and supports for people with disabilities to be included in their communities.

## **Basic Self-Advocacy Workshops**

The project will conduct basic self-advocacy workshops in your area. The Texas Advocates Peer to Peer Project coordinators will teach you how to speak up for yourself. They will guide you through an interactive hands-on discussion giving you the tools to become more empowered and active in your community.

## **Leadership Academy**

The project supports regional leadership academies where individuals with disabilities can mentor each other to become self-advocate leaders in their local community. This is a more intense learning experience that builds on the self-advocacy workshops. The academies provide people with the opportunity and skills necessary to make a difference in their communities.

## **Person-Directed Plans**

The local coordinators assist people with intellectual disabilities to create person-directed plans to improve their lives so they can live the life they choose. Contact the local coordinators in your area for more details.

## **Self-Advocacy Organizations**

The project supports the foundation and growth of new and existing local self-advocacy organizations. Texas Advocates hopes new self-advocates will join and strengthen their local chapters.

# What is the Peer to Peer Project?

The Peer to Peer Project provides training for individuals with intellectual disabilities to advocate for their own rights and interests. After the training people will be able to make their own decisions and choose supports and services that allow them to live the life they choose.

**Look inside for all the details about the project!**



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**Funded By:**



**TEXAS COUNCIL *for***  
**DEVELOPMENTAL**  
**DISABILITIES**

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**With Support from:**



# Peer to Peer Project

By Self-Advocates —  
for Self-Advocates

